



THE HERON

SOUP OF THE DAY

CUP - 4 BOWL - 6

Daily soup made fresh and served with crackers or a roll.

SOUP & SANDWICH COMBO 8 / 12

Choose any half or whole deli sandwich accompanied by a cup of our soup of the day.

CAESAR SALAD 10

Crisp Romaine lettuce, parmesan cheese & croutons topped served with our house Caesar dressing.

add chicken breast - 5 add shrimp - 7
add salmon - 7

CRISPY CHICKEN & RANCH SALAD 15

Crispy chicken tenders, on a bed of romaine lettuce, topped with bacon, cheddar cheese, tomatoes, and onions, served with ranch dressing

THE HARVEST COBB SALAD 13

Spring Mix greens with green apple, cranberry, bacon, egg, blue cheese crumble, pumpkin seeds served with our house Harvest Dressing.

add shrimp - 7 add Salmon - 7
add Chicken Tenders - 6

TRIO SALAD PLATE 14

A scoop of egg salad, chicken salad & tuna salad on a bed of lettuce with cucumber & tomato slices.

BASIC 4

PREMIUM 6

(Ask your server about sugar free options)

BUILD YOUR OWN PASTA 16

Choose your Pasta:
Linguine OR Angel Hair

Choose your Sauce:
Creamy Alfredo Sauce
Vodka Sauce
Marinara Sauce
Garlic Butter Wine Sauce

Choose your Topping
add Broccoli - 4 add Chicken - 5
add Shrimp - 7 add Ground Beef/Sausage - 6

PASTA

SIDES 4

Mashed Potatoes	Sauteed Spinach
Baked Potato	Cottage Cheese
Baked Sweet Potato	Apple Sauce
Sweet Potato Fries	Fresh Fruit Cup
Thin Fries	Garlic Bread
Corn	House Salad
Broccoli	Coleslaw
Green Beans	Potato Chips
Peas	

BEVERAGES

SMALL - 3 LARGE - 5

Tomato juice	Coffee
Prune Juice	Tea
Cranberry Juice	Iced Tea
Apple Juice	Milk
Orange Juice	Lemonade
	Fountain Soda

SIDES & DRINKS

PETITE OPTIONS

Ask your server about Petite options for menu items
All Petit options will be 2 points less
Not Available on All Items

Bread served upon Request

Have your server tell you about our Sandwich of the Week

All Entrees are served with your choice of soup OR salad
Coffee, Tea, and Iced Tea are Complimentary for all Residents

SOUPS & SALADS

DESSERTS